1 REGISTRATION FORM

Complete & email to davidjturner07@gmail.com or post to Pedal Aussie, 19 Kerr Street, Rockhampton QLD 4701.

A separate form is required for each person and please ensure all sections are completed.

Name: D.O.B.

Address: Postcode: Email:

Phone No: (H):

(Mob.):

Emergency contact (Not on ride).

Name: Phone:

I enclose the non- refundable registration

deposit of \$500.00.

Method of payment (Overseas payments must all be in Australian Dollars)

Cheque/money order (payable to David Turner)

Electronic bank transfer in Australian dollars (Contact Pedal Aussie for bank details) All prices are in AUD.

A deposit by 30 April 2021 will secure your place on the ride.

Total balance is due by 30 April 2021.

2.Inclusive in tag-along price.

Camping accommodation, as available mostly bush camping.

Some meals (refer to itinerary).

Morning & afternoon tea supplies.

All gear carried on bike.

No suitcases, no bike bags, or boxes. No emergency bicycles.

Date Itinerary Days \$AUD

Pedal Aussie

Stage 1 Tropic – Outback

Stage 2 Outback to Tropical North

Telstra phone.

Limited bicycle spares.

Limited bicycle repair tools.

You must supply most meals

Bike and camping equipment (see suggested equipment list).

Bicycle spares (tube, tyre, cable, tube repair kit)

Adequate travel insurance.

Bicycle safety equipment which must include a mirror.

If riders wish to upgrade their accommodation, then this is at their own expense. No rebate will be given.

3.Terms and Conditions for all stages:

- 1. Health and Fitness Requirements
- 2. Riders must be at least 18 years or older on the day of commencement of the ride.
- 3. Participants must be in good health and physical condition and are strongly
- 4. advised to follow a pre-departure fitness training schedule- see suggestions requirements on website www.pedalaussie.com
- 5. The medical questionnaire to be completed by you or your doctor and
- 6. returned to us as proof that you are fit enough to participate in the ride.
- 7. All riders must complete, sign, and return to Pedal Aussie the requisite
- 8. medical questionnaire before the departure of Stage 1 of the ride.
- 9. The ride generally goes through remote areas where there is little or no
- 10. access to normal medical services or hospital facilities for serious problems.
- 11. Where necessary, evacuation can be prolonged, difficult and
- 12. costly.
- 13. Medical and evacuation expenses will be the responsibility of the
- 14. participant.
- 15. Pedal Aussie reserves the right in its absolute discretion to
- 16. refuse a participant the right to participate in the ride on medical or fitness grounds.
- 17. Medical disclosure
- 18. You declare and warrant that you are in good health with mental and physical fitness at the time of
- 19. registering for this ride you have disclosed to Pedal Aussie every matter concerning your health
- 20. and mental and physical fitness of which you are aware, or ought to reasonably be expected to know, which is relevant to Pedal Aussie's decision to permit you to go on the tour immediately upon any adverse change in your health or fitness you will notify Pedal Aussie in writing of any such adverse changes.

MEDICAL INFORMATION FORM (CONFIDENTIAL)

- 1. Do you have private health insurance? (recommended) Yes No
- 2. Name of fund Contribution number Current yes no
- 3. Do you have Travel Insurance (Highly recommended) Yes No.
- Overseas riders to attach copy of Insurance.
 Name of Insurer Contribution number Current yes no
- 5. Do you have ambulance cover Yes No. (Recommended) Inscriber number
- 6. Medicare number Expiry date:
- 7. (Australian riders only)
- 8. Emergency contact person and contact number (please supply 2 persons)
 1st contact

2nd contact

- 9. Please list any relevant medical conditions.
- 10. Do you suffer from the following conditions? Circle
- 11. Heart disease Yes No
- 12. Diabetes Yes No
- 13. Epilepsy Yes No
- 14. Asthma Yes No
- 15. If Yes for any of the above, what is your current treatment prescribed:
- 16. Please list any food or medication allergies:

4 Disclaimer

- 1. Persons entering the Tropic -Outback-Tropical North Tour must agree to the following:
- I understand that cycling on public roads is a potentially hazardous activity and I will take all necessary precautions to ensure my own safety.
- 3. Pedal Aussie recommends that all cyclists wear bright clothing whilst riding.
- 4. I attest that I am physically fit and that my bike will be in a sound mechanical order prior to undertaking the event.
- During this event I agree to wear a cycling helmet, abide by the directions of police and ride organisers and ride with care and consideration of others on the road.
- 6. I will obey all Australian Road Rules.
- 7. I release Pedal Aussie, its owners, and agents from all claims for injury, loss, or damage of whatever kind I might suffer because of any acts or omissions whether negligent or otherwise of Pedal Aussie, its owners or agents in relation to the event.
- 8. I also accept responsibility and release Pedal Aussie from all liability for claims for damages for injury loss or damage of whatsoever kind by any other person or corporation because of any act of omission whether negligent or otherwise on my part.
- 9. I have also read, understood, and agree to abide by, the Terms and Conditions of entry for the 2021 May 2 Tropic-Outback-Tropical North Tour.
- 10. I have read and understood the Safety Recommendations suggested by
- 11. Pedal Aussie and will adhere to them. I acknowledge having read this
- 12. Waiver Agreement fully understood Pedal Aussie's terms and conditions and sign freely and voluntarily ,without any inducement.

Name (please print):

Signature: Witness name (please print): Witness Signature: Date:

5 Code of Conduct

- 1. The entry fee will be refunded if the rider is unable to participate in the Bicycle Tour due to death or hospitalisation prior to the commencement of the ride.
- 2. Should an entrant cancel his/her entry before the commencement of the Cycle Tour, he/she may be entitled to a refund of the entry fee subject to deduction of a reasonable cancellation fee
- 3. Less than 28 days prior to commencement- no refund.
- 4. More than 28 days prior to commencement- 50% refund plus loss of \$500.00 deposit.
- 5. The Bicycle Tour will take place regardless of bad weather and will only be cancelled, re-routed, or stopped for reasons of safety. All changes to itinerary are at the discretion of the organisers and their decision will be final.
- 6. Riders consent to the use of all photographic or video material (may include internet) pertaining to their participation in the Bicycle Tour made by the organisers or their assignees during any activity deemed to be part of the
- 7. Bicycle Tour at any time in the present or future.
- 8. The organisers reserve the right to refuse any person's participation on the ride due to safety reasons and inappropriate behaviour towards other riders or the organisers. In that event the person's entry fee (or part thereof) will be refunded at the discretion of the organisers.
- 9. Every rider shall ride carefully and with due regard to the safety of other cyclists and other road users.
- 10. Every rider shall wear a bicycle helmet with the strap securely fastened under his/her chin.
- 11. Every rider must have a workable mirror either attached to a helmet or the bike always throughout the tour.

- 12. A rider may use a personal music system, say, iPod, but must have it at a volume whre they are able to hear the traffic and be aware of their' surrounds and unwanted issues with other people. Good Manners are called for here.
- 13. A rider shall not use foul or offensive language or make offensive, indecent or inappropriate gestures. Good Manners are called for here.
- 14. A rider shall not dispose of any litter along the Bicycle Tour course except in refuse bins.
- 15. A rider shall provide reasonable assistance to any other rider involved in an accident while participating in the Bicycle Tour.
- 16. Any medical or emergency evacuation costs incurred during the ride will be for the cost of the rider.
- 17. Each rider attends, enters and/or participates in the event entirely at his/her own risk.
- 18. Each rider is obliged to strictly adhere to all applicable rules, directives and instructions of the organisers.
- 19. Each rider must adhere to the appointed camping area allocated to the cycle tour and if they choose to camp out of this area, they will incur all extra costs.

Signature of rider:

Date:

6 Suggested Equipment

This does not include the bicycle. All luggage over given limits will be posted home at your expense.

If this is not adhered to, then you may be asked to leave the tour with no refund of monies.

Essential items are:

- 1. Multi tool.
- 2. Patch kit ad spare tyre, 2 tubes, spare cables, spokes, and bronze nipples.
- 3. Bike lock
- 4. Pump
- 5. HELMET- must be worn in Australia whilst riding.
- 6. Minimum of 2 water bottles.
- 7. Hammock and Shelter
- 8. Tent no bigger than 2-man tents.
- 9. Sleeping mat self-inflating & sleeping bag.
- 10. Crockery & cutlery for one
- 11. Insect repellent & sunscreen
- 12. Clothing & toiletries & spade for
- 13. All bicycles must be fitted with a mirror or helmet mirror.
- 14. Clothing to be contained in one bag and camping equipment may be loose in separate bags. If using panniers, no more than two to be carried.
- 15. No bicycle boxes, bags or cases will be carried by Pedal Aussie.
- 16. Safety Recommendations
- 17. Covid Instructions and Statutory Regulations.

Riders MUST have:

- Efficient front and rear lighting which MUST be switched on in conditions of poor visibility.
- 2. Bright coloured clothing & bike helmet must be always worn whilst cycling.
- 3. A reflective vest is highly recommended.
- 4. Riders must ensure they always remain hydrated and ride no more than 2 abreast. Single file is preferred.
- Riders must be aware that road trains use these highways, and it is recommended that riders must take necessary precautions to ensure their own safety.
- 6. Safety mirrors no mirror, no riding.
- 7. All bicycles should be in first-rate mechanical order. If the bike is over 5 to 10 years old, all cables should be replaced, this is not too expensive but can be if left unattended. Worn chains and cassettes & brake blocks should also be replaced. Book into your local bike shop for last minute maintenance. An extremely limited supply of spares is available in the event of a total breakdown.

Typical Riding Day (110 kms)

- 1. Wake up to the sound of birds or other riders preparing for the day ahead with zipping and packing up of tents.
- 2. Shower (if wanting or if shower available) and dress in riding clothes.
- 3. Make your breakfast and prepare your snacks for the day.
- 4. Somewhere amongst this you will pack up your tent and clothing.
- 5. A briefing will be held in the morning at an allocated time and all riders are to attend.
- 6. All routes, meal break times/locations will be discussed, and expected arrival times given.
- 7. You will ride off with a group or solothis is your choice.
- 8. Just make sure you say goodbye to the organisers, so they know what time to expect to see you throughout the day.
- 9. Ride following the directions provided at the briefing.
- 10. Morning tea has an allocated time usually around the 50 km mark.
- 11. Coffee cups are not provided or carried by Pedal Aussie.
- 12. Morning tea or lunch breaks could be at a cafe or a park or just on the side of the road. It all depends on what is available for that day.
- 13. Lunch will be at an allocated time and generally about the 80 km mark.
- 14. Lunch is your responsibility and as stated all foods will be carried in the truck and accessible to all riders. We will stop at cafe's if available.
- 15. The riding day will usually finish around 1-2 pm, so this gives you plenty of time to choose the best spot to put up your hammock or tent in the allocated area.
- 16. Shower again if available and tour the town/area we have arrived at.
- 17. Check out the food providing facilities, work out what you will be doing for dinner and do any shopping that may be necessary.
- 18. The riders usually go to bed early.

<u>Photocopy.</u> keep one copy & post /Email images of original to:

Postal Address:

Pedal Aussie 19 Kerr Street Rockhampton QLD 4701

Email: davidjturner07@gmail.com